NUTRITION GUIDE

Effective: April 2026

Voodoo Doughnut Orlando has made an effort to provide complete and current nutrition information. Due to the handcrafted nature of our menu items and changes in recipes, ingredients, and kitchen procedures, variations between the nutrition reported here and what is actually served may occur. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

MENU ITEM	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
CAKE DOUGHNUTS										
Blueberry Cake	250	10	3.5	0	0	260	38	0	17	3
Butterfinger™	280	10	4	0	0	340	50	1	29	4
Old Fashioned Buttermilk Bar	520	20	7	0	40	730	77	2	31	9
Chocolate Coconut Cake	280	10	5	0	0	330	46	2	28	3
Chocolate Frosted Cake	260	9	3	0	44	290	44	1	24	4
Chocolate Old Fashioned	310	14	5	0	<5	240	42	0	26	3
Cinnamon Sugar Cake	220	6	2	0	<5	270	38	<1	19	3
Diablos Rex	260	9	3	0	0	320	44	1	27	4
Double Chocolate	240	8	3	0	0	320	41	1	24	3
Glazed Old Fashioned	290	12	4	0	<5	230	42	0	24	3
Maple Old Fashioned	310	14	5	0	<5	230	44	0	28	3
Eight Mile Cake	520	21	10	0	<5	310	81	<1	62	7
Peanut	460	26	5	0	<5	290	51	3	24	12
Plain Cake	190	6	2	0	<5	270	30	<1	11	3
Powdered Sugar Cake	210	7	2	0	<5	280	34	<1	18	3
Sprinkle Cake	450	18	8	0	<5	280	72	<1	53	3
FRITTERS										
Apple Fritter	830	59	22.0	0	0	490	64	2	11	8
Memphis Mafia Fritter	1500	86	38	0	<5	550	178	8	112	16
RAISED DOUGHNUTS										
Bacon Maple Bar	570	24	9	0	0	290	85	1	57	5
Oh Captain, My Captain	430	18	7	0	0	290	61	1	34	5
Chocolate Ring	530	23	9	0	0	300	77	2	46	5
Chuckles	730	35	12	0	0	350	107	4	67	11
Dirt	580	26	9	0	0	380	81	1	26	6
Grape Ape	450	20	8	0	0	240	66	1	38	4
Mango Tango	610	23	9	0	0	280	98	1	66	4
Maple Bar	560	23	9	0	0	250	85	1	57	4
Maple Cream	620	24	9	0	0	310	97	1	67	4
Portland Cream	600	24	9	0	0	340	93	2	61	5
Raised Glazed	330	17	6	0	0	260	40	1	10	5
Raspberry Romeo	360	15	5	0	0	260	52	1	20	4
ODB	700	31	11	0	0	440	100	2	44	8
PB & J	438	49	9	0	0	910	84	8	27	28
SPECIALTIES										
Voodoo Doll®	620	24	9	0	0	320	98	2	63	5
Universal Orangesicle	670	31	12	0	0	410	94	2	54	7
Texas	1330	63	23	0	0	830	172	5	68	17
Miami Viceberry	720	45	9	0.5	0	270	77	2	45	6

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Charity	650	34	12	0	0	380	83	2	46	6
POTION PUFFS										
Blueberry (1 each)	70	3.5	1	0	0	55	9	0	5	1
Chocolate (1 each)	70	3.5	1	0	0	80	9	0	5	1
Cinnamon Sugar (1 each)	70	3.5	1	0	0	65	10	0	5	1
Powdered Sugar (1 each)	70	3.5	1	0	0	65	10	0	5	1
Glazed (1 each)	70	3	1	0	0	50	9	0	3	1
BEVERAGES										
Coke (20oz bottle)	240	0	0	0	0	75	65	0	65	0
Coke Zero (20oz bottle)	0	0	0	0	0	70	0	0	0	0
Diet Coke (20oz bottle)	0	0	0	0	0	65	0	0	0	0
Fanta (20oz bottle)	270	0	0	0	0	90	75	0	75	0
Sprite (20oz bottle)	230	0	0	0	0	100	65	0	65	0
Apple Juice (10oz bottle)	140	0	0	0	0	25	35	0	32	0
Orange Juice (10oz bottle)	140	0	0	0	0	20	35	0	30	2
Coffee Black	5	0	0	0	0	5	0	0	0	0
caramel syrup	100	0	0	0	0	140	25	0	25	0
hazelnut syrup	90	0	0	0	0	140	20	0	20	0
vanilla syrup	100	0	0	0	0	140	25	0	25	0
Hot Chocolate	80	2.5	2	0	0	180	15	1	10	1
2% Milk (16oz bottle)	240	10	6	0	40	200	20	0	25	15
Chocolate Milk (16oz bottle)	375	15	10	0	55	275	45	3	45	15
Nitro Cold Brew	5	0	0	0	0	10	0	0	0	0