



NUTRITION GUIDE

Effective: August 25, 2025

Margaritaville Orlando has made an effort to provide complete and current nutrition information. Due to the handcrafted nature of our menu items and changes in recipes, ingredients, and kitchen procedures, variations between the nutrition reported here and what is actually served may occur. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

MENU ITEM	Calories (kcal)	Calories from Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
APPETIZERS											
Peel and Eat Shrimp	470	310	35	5	0.0	180	3270	21	3	12	21
Conch Fritters	1200	670	75	13	0	185	2200	88	12	3	38
Garlic Buffalo Bone-In Hemisphere Wings	1460	1050	118	29	1	225	5080	25	5	5	68
Spicy Mango Jerk Bone-In Hemisphere Wings	1440	970	109	22	1	220	4140	47	6	32	68
Garlic Buffalo Boneless Hemisphere Wings	1260	880	100	20	0	115	3580	57	2	4	38
Spicy Mango Jerk Boneless Hemisphere Wings	1180	700	79	13	0	105	2430	86	3	32	36
Chips & House-Made Guacamole	910	500	55	8	0	0	940	100	16	18	10
Key West Chicken Quesadilla	1530	850	95	40	0.5	310	2590	102	10	10	74
Pretzel Sticks with Dijonaise and Cheese Sauce	940	290	32	6	2	15	3360	133	4	6	26
Asiago Crab & Artichoke Dip	1670	1080	122	30	0.5	170	2010	110	4	9	38
Volcano Nachos	3710	1920	213	70	2	300	5600	345	35	25	109
White Cheddar Cheese Curds	1210	820	91	34	0	135	2260	58	4	23	39
Lava Lava Shrimp	960	490	55	9	0	330	4380	72	6	7	45
Tequila Spiked Shrimp Ceviche	850	470	55	10	1	130	950	70	10	5	25
SALADS & SOUPS											
Chicken Caesar Salad	1220	920	104	14	0	185	1490	27	7	6	46
Taco Salad	1180	670	74	22	1	115	3190	96	21	18	38
Caribbean Salmon Salad	1450	680	76	15	0	115	800	125	13	22	51
Loaded Baked Potato Soup	660	370	42	23	0	130	1380	54	4	5	17
ENTREES											
Fish Tacos	800	280	31	8	0	20	2500	112	14	13	18
Crispy Coconut Shrimp w/Fries and Slaw	1550	790	88	25	0	150	2170	163	12	51	29
Huli Huli Chicken & Shrimp Bowl	830	320	37	6	0	150	1660	84	7	30	42
Blackened Salmon	750	280	32	12	0	95	3360	55	8	8	43
Jimmy's Jammin' Jambalaya w/Rice	990	520	58	14	0	235	2350	70	4	5	44
Shrimp Mac & Cheese	1680	870	97	46	1.5	480	3240	138	7	10	64
Jerk Chicken Pasta	1210	460	52	10	0	90	9670	138	9	34	46
Landshark Lager Fish & Chips w/ Fries and Slaw	2330	1220	135	24	0	155	2170	188	11	13	72
Caribbean NY Strip	1580	1090	121	61	2.5	420	3090	38	6	12	82
Shrimp & Grits	1320	890	99	55	2.5	565	2780	41	3	10	63
Pineapple Chimmichuri Grilled Chicken	950	480	54	15	0	135	3060	65	6	10	58
Adult Chicken Strips Platter w/ Fries	2060	1210	136	22	1	295	2840	113	6	21	102
BURGERS IN PARADISE											
Cheeseburger In Paradise (No Side/No Fries)	1340	830	93	30	1.5	320	4450	68	3	18	56
Cheeseburger Beyond Paradise	890	480	55	17	0	155	2860	63	6	13	36
Southern Burger Stack (No Side/No Fries)	1430	790	88	29	1.5	345	4030	90	5	27	66
Rancho Deluxe Burger (No Side/No Fries)	1440	890	100	34	1.5	375	4460	63	3	12	73
Bacon Jam-Boree Burger (No Side/No Fries)	1290	810	91	27	2	275	2820	57	4	19	61
"Trip Around the Sun " Burger	1090	560	63	25	2	285	3030	74	5	15	58
Turkey Burger Patty	410	180	21	5	0	195	420	25	2	2	33
Veggie/Edamame Patty	240	60	7	1	0	20	410	30	7	5	19



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SANDWICHES											
Grilled Chicken Sandwich	1170	630	70	21	0.5	290	6800	62	3	12	58
Crab Cake Sandwich	930	530	60	14	0	150	1370	82	7	17	24
Cuban Meatloaf Sandwich w/ Fries	1360	710	81	34	1.0	225	3130	96	11	4	64
Beach Club	1070	410	46	13	0	170	4580	87	4	15	70
SIDES											
Fries (No Ketchup)	520	270	30	6	0	0	730	54	5	3	5
Sweet Potato Fries (No Ketchup)	460	260	29	4	0	0	360	47	4	10	4
Salad, Side House (No Dressing)	25	5	0	0	0	0	15	5	2	3	2
KIDS											
Jr. Cheeseburger in Paradise (No Side/No Fries/No Drink)	490	190	21	9	0.5	85	1320	45	3	9	32
Fried Shrimp (No Side/No Fries/No Drink)	580	220	24	4	0	170	2790	61	4	8	25
Cavatappi Pasta (No Drink)	1160	750	85	51	3.5	220	680	81	5	1	21
Hand Breaded Chicken Strips w/ Honey Mustard (No Fries, No Drink)	840	500	56	9	0	145	1200	38	1	10	49
Fish & Chips (No Side/No Fries/No Drink)	1140	640	72	12	0	95	880	75	3	3	40
Macaroni & Cheese (No Drink)	760	310	34	12	1	60	1460	82	4	18	28
Apple	60	0	0	0	0	0	0	17	3	13	0
French Fries (No Ketchup)	350	180	20	4	0	0	490	36	3	2	3
Sweet Potato Fries (No Ketchup)	310	170	19	2.5	0	0	240	31	3	7	3
Carrots with Ranch Dressing	220	200	22	3	0	20	540	7	2	3	1
Green Beans with Honey Garlic Butter	200	140	16	10	0.5	40	25	16	4	9	3
Island Rice	260	110	12	7	0	0	125	34	2	2	4
Kids Blue Island	250	0	0	0	0	0	35	61	0	58	0
Kids Parakeet Punch	170	0	0	0	0	0	10	44	1	39	0
Kids Sour Apple	120	0	0	0	0	0	15	29	0	27	0
DESSERTS											
Key Lime Pie	530	160	17	9	0	255	250	80	1	66	11
Brownie Sundae	1810	920	102	29	0	250	470	215	7	161	14